

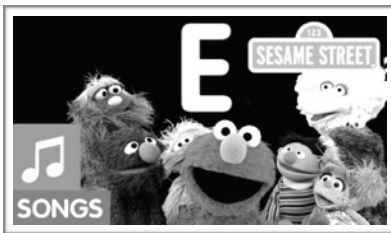


ROUNDTABLE

NEWS AND VIEWS FOR AND FROM KNIGHTS

E Is For Empathy Sesame Takes A Crack At Kindness

by Cory Turner for NPR



Parents and teachers are worried. They believe that today's kids are growing up in an unkind world and that learning to be kind is even more important than getting good grades. But, when it comes to defining "kind," parents and teachers don't always agree.

That's according to a new survey of some 2,000 parents and 500 teachers from the educational nonprofit behind Sesame Street, Sesame Workshop. Kindness is well-trod territory for Sesame.

Here's actor Mark Ruffalo trying to teach a Muppet named Murray about a very big word: empathy.

The folks at Sesame Workshop worried that too much of the world doesn't understand empathy – or doesn't try hard enough to feel other people's pain.

"We ... were concerned what the long-term impact of that would be on children and society as children grow older," said Jeffrey D. Dunn, CEO of Sesame Workshop. "This survey confirms our concerns. It is time to have a national conversation about kindness."

Indeed, a whopping 86 percent of teachers (and 70 percent of parents) admitted to worrying often that the world is an unkind place for children.

And they want to do something about it, says Jennifer Kotler Clarke, who is in charge of research and evaluation at Sesame Workshop.

"Both parents and educators overwhelmingly felt that being kind was more important than having high academic achievement," says Kotler Clarke.

But kindness can mean different things to different people, and here's where the results get complicated. And more interesting.

Kotler Clarke says, for the survey, they used several words to represent kindness, including empathy – but also helping, thoughtful and manners. As a result, "parents generally felt that their children were kind, but less-so helpful and thoughtful."

How can a child be kind without being helpful or thoughtful? By being polite. It turns out that manners were very important to parents. When given a choice between having manners and having empathy and asked, "Which of these is more important for your child to be right now?" 58 percent chose manners compared with just 41 percent who chose empathy.

Kotler Clarke suggests that some parents may assume that teaching a child manners is a good way of building empathy. But, she says, "There's really no great evidence around that. In fact, bullies are very good at having manners around adults."

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First Quarter President's List & Honor Roll

Mount Carmel School congratulates these students for making it to the First Quarter President's List & Honor Roll.

PRESIDENT'S LIST

Students must have a GPA of 4.00 or above and must attain character marks of VG or above.

1st Grade

Camacho, Maiyah Michell
Demapan, Isabella Soledad
Doronila, Kevin Izrael
Ellama, John Matthew
Flores, Cassidy Jolina K.
Hwang, Katherine
Larson, Kayla
Maratita, Francisco
Melchor, Remiegem
Mitchell, Gabriel Seth
Palacios, Layla Carmen
Pangelinan, Cyril Michael
Quitugua, Aubrey Rae
Sablan-Wilson, Liam
Sablan, Nick Jesse
Santos Aya
Sheu, Julius
Tagabuel, Arstin Itibwu
Tenorio, Naysa Bliss
Villagomez, Cecilia Ramon

2nd Grade

Ano, Wayne Dominic
Calvo, Michael
Castro, Christine R.
Castro, Thunder Alik
Catacutan, Cedric Earl
Concepcion, Jeffrey G.
Esguerra, Maria Loreen
Gragasin, Justin Andrei
Jung, Maya Jae
Lansangan, Leah Michel
Matsumoto, Naomi Skye
McQuay, Hope
Melchor, Sarah Angela
Pangilinan, Nicole Angela
Propst, Kaden Christian
Reyes, Frank Anthony
Sasamoto, Enzo Umeki
Sasamoto, Hiromi Rosa
Tenorio, Jose Clarence
Torres, Jupri O.
Wesley, Aiden Manuel

3rd Grade

Atalig, Danika P.
Backe, Asa Vanessa
Bigalbal, Pauline Anne
Buenafior, Oscar Bien
Camacho, Meagan Brylee
Cruzana, Joaquin Ian
Dela Santa, Heleyna
Deleon Guerrero, Nyla

Estella, Valerie Anne

Hayes, Alana
Javier, Lance Jericho
Lansangan, Lexi Marie
Maratita, Elise Divine
Mareham, Laura
Matsumoto, Ayanna Faith
Mendoza, Mikaelha Paige
Ogo, Therese Joy
Pangelinan, Camron Z.
Pangelinan, Mya
Pontiveros, Emmanuel
Tenorio, Jessiana B.
Travilla, Riana Joy

4th Grade

Cabrera, Margaret
Camacho, Irie
Castro, Elialyn Q.
Castro, Kenneth S.
Chae, Davina
Chang, Jada
Clark, Nathaniel
Duenas, Quimarie L.
Kautz, Claire Regina
Lobo, Angelo
Mallari, Audrein Jennifer
Nicholas, Jalen
Palacios, Tricia
Pamintuan, Manuel
Reyes, Chelsy Anne
Sablan, Aaliyah Victoria
Sablan, Kiana Cecilia
Santos, Dylan D.
Sasamoto, Hitomi Rosa
Steele, Lyssa Rae
Taimanao, Aryana Carmen
Taitano, Taylor Justine
Tenorio, Malina Rose
Toskas, Ari James
Travilla, Arturo Rodrigo

5th Grade

Bocago, Ranasia
Doronila, Kyle Jay
Gamab, Gwen Tiffany
Propst, Devin Jordan
Sablan, Andrew
San Nicolas, Earle G.
Sulyman, Shamira
Torres, Aval Marie

6th Grade

Hong, Eun Kyu
Ortiz, Brent Matthew
Sasamoto, Yurihana Rosa

7th Grade

Aldave, Lynette
Alvarez, Robin
Ano, William
Bucalig, Fiona
Cruz, Larry Dean
Diaz, Jeremiah Jerome
Duenas, Monique Laura
Guerrero, Christian Felix
Mallari, Vaughn Andrei
Propst, Kiana Lei
Schweiger, Theresa Rose
Travilla Kaia

9th Grade

Borja, Kalea Lou
Santos-Yamagata, Danielle J.

10th Grade

Batusin, Aldwin Ray
Bobadilla, Jan Emmanuel
Castro, Rosa Engracia
Chinen, Quincy Mikaela
Cho, Hyo Lim
Han, Louisa Sa
Lee, Soe Yeon
Leong, Giselle Ivy
Moran, Matt Jason
Ramirez, Reica Jucler

11th Grade

Lim, Nathanael
Melchor, Jeff Matthew
Palacios, Michelle
Torres, Cassidy Victoria
Toskas, Jonelle Gwyneth
Usi, Monica Aira
Zheng, Theresa

12th Grade

Camacho, Keona
Castro, Jose Antonio
Chao, Shirley Minyi
Cushing, Arron
Deleon Guerrero, Zeno, Jr.
Doctor, Jaqueline
Han, Ya
Higuchi, Kai
Hunter, Brianna C.
Jun, You Jin
Lee, Eric
Ortiz, Michael Roy
Santos, Joshua
Snodgrass, Nathaniel

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Announcements

Costume Contest

Student Council is sponsoring a Costume Contest on Monday, October 31, from 7:40 a. m. to 8:30 a. m. in the school cafeteria. Students may come to school dressed in a costume, but must follow the school's dress down policy as spelled out in the school handbook. Also, only students in costumes are excused from wearing school uniform; any student not in a costume must wear school uniform. For the costume contest, students will compete in four divisions: K–2nd grades, 3rd–6th grades, 7th–8th grades, and 9th–12th grades.

In the Future

Theatre Club production of "Dracula"

TONIGHT and TOMORROW NIGHT
PIC's Charley's Cabaret
Doors open at 6:30 pm

STUCO Spirit Week, October 24–28

Monday: Face Paint Day
Tuesday: Mismatch Day
Wednesday: Twin Day
Thursday: Pajama Day
Friday: Wacky Socks Day

Sophomore Brownie Gram

Wednesday, October 26

Junior Oreo-Gram

Thursday, October 27

STUCO Pep Rally

Friday, October 28

Halloween Festival

Saturday, October 29, 6:00–10:00 pm

Sports Calendar

All Schools Cross Country

TOMORROW,
Saturday, October 22, 7 am, Airport Field
Saturday, November 5, 3 pm, Airport Field

CCOPSA High School Volleyball

Tuesday, October 25
MCS2 Girls vs GCA Girls @GCA at 3:30
MCS1 Girls vs SIS1 Girls @MCS at 4:30
Wednesday, October 26
MCS Boys vs SIS1 Boys @MCS at 3:30
Thursday, October 27
MCS1 Girls vs GCA Girls @GCA at 4:30
MCS2 Girls vs Agape @MCS at 4:30

ESLR of the Week

#6. *Develop continually as an independent lifelong learner.*

Ist Qtr President's List & Honor Roll

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HONOR ROLL

Students must have a GPA of 3.66 or above and must not have any behavior grade of U or NI.

1st Grade

Arriola, Janessa Francine T.
Borja, Richard Jr.
Cabrera, Kimason
Camacho, Gregory Manuel
Chen, Jessi
Deleon Guerrero, Kingston T.
Inos, Gabriella B.
Niric, Dylan
Remilloza, Andrea Fhe
Sablan, Christopher

2nd Grade

Camacho, Kesiil
Choi, Sia
Green-Petty, Payton
Guerrero, Patrick
Jin, Sarah
Lee, Jai
Lobo, Mikaela Jane
McQuay, Maya
Olopai, Jose Pedro
Sasamoto, Yukiko Kiyomi
Sulyman, Shaminur
Taisacan, Kandra Paige
Tomokane, Pedro Jose
Tudela, Elle B.
Villagomez, Sage Ramon

3rd Grade

Aldan II, Jesse John
Cabrera, Zion Jude
Han, Kern
Li, Min
Palacios, Leighton
Pangelinan, Joseph Brandon
Poon, Andrick
Rabauliman, Sophia M.
Reyes, Richard Zachary
Santaigo, Gavril Myles
Takanobu, Kiyoshi Rudy
Takeda, Ma. Natsuko
Tizon, Quince Emanuele
Tomokane, Peige Morgan

4th Grade

Gozon, Raphael Mykel
Lee, Jamie
Lee, Ru Ma
Mallari, Laizza Vianca
Mariano, Nicole Erin
Patawaran, Breana Y.
Saurus, Crispin-Joseph
Silva, Maui
Solis, Ranier Joy
Son, Jee Woo
Taisacan, Nevaeh

5th Grade

Ano, Natalie Gabrielle
Dayrit, Jenarisa Mae
Deleon Guerrero, Ierlyma
Reyes, Vicente
Takayama, Lezandra M.
Terlaje, Jared Joshua G.
Tolentino, Leyonne Alfred
Torres, Maria
Torres, Tiana

6th Grade

Albuen, Francine Monique
Cabrera, Kyla Monique
Dela Cruz, Kina
Galang, Raphael C.
Green, Lynze Valencia
Hunter, Brissa C.
Kiser, Renee
Muna, Breanna
Pangelinan, Manuel Jacinto
Sablan, Matthew Adrian
Taitano, Tyler Vaughn

7th Grade

Bocago, Taliyah
Cho, Su Bin Novelene
Chong, Kevin Daisuke
Combinido, Jewel
Cruzana, Daphne
Kang, Jerica
Lacap, Hannah
Mendiola, Alleah Marie
Muna, Devon Tyler
Sablan, Vidal Jose
Sheu, Jeffrey
Solis, Raesyl Gerard
Steele, Richard Ramon
Tenorio, Joshua Donovan
Torres III, Vincent
Villar, Jetric Nathaniel

8th Grade

Avendano-Woodruff, Katherine
Hunter, Brandee C.
Kang, Kevin
Mendoza, Mikee Mame
Minami, William Kazuki
Sablan, Penelope
Salvador, Vince Philip
Sato, Maaya

9th Grade

Alcantara, Princess
Ham, Jim Michael

10th Grade

Acosta, Ydylle Faye
Aldan, Jaeleen Naomi
Attao, Allysa Marie
Camacho, Gary
Cunanan, Erika Gabrielle
Irang, Maverick Deniel
Kiser, Eric
Macaranas, Dayna Lou
Manese, Angelo Gabriel
Ocampo, Justin Gerald
Pangelinan, Rosalia Francine
Paraiso, Joanie
Sato, Karen
Tabora, Earl Daivick
Terlaje Maria Lael G.

11th Grade

Kim, Cosmos
Kim, Min Jung
Kim, Taeyeon
Mafnas, Shana Marie
Villacrusis, Geuel Christian
Yun, Seok Jun

12th Grade

Camacho, Eligiah
Kim, Myeong Je
Masga, John Diego
Reyes, Antonia S.
Reyes, Karleen Rita
Santos, Myles D.
Sasamoto, Shannon Rae
Travilla, Jan-Nasia
Xu, Xianodie (Rachel)

E is for Empathy

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On this point, teachers broke with parents, overwhelmingly preferring empathy (63 percent) over manners (37 percent). And teachers can see the disconnect in their classrooms. Thirty-four percent say, of the children they teach, that all or most of their parents are raising kids to be empathetic and kind, while just 30 percent say all or most parents are raising children with values consistent with their teachers'.

As part of the survey's release, Sesame Workshop linked to a number of outside resources, for parents and teachers looking for practical ways to help cultivate empathy in kids.

In one guide from Harvard's Making Caring Common Project, researchers recommend grown-ups tune into kids' emotional and physical needs, hold regular family meetings and engage in community service.

Because the vast majority of parents and teachers agreed: It's important to be kind not just to your own family but to everyone else, too.

