



ROUND TABLE

NEWS AND VIEWS FOR AND FROM KNIGHTS

Lady Knights Clinch 2nd MISO Volleyball Title

by Roselyn Monroyo for Saipan Tribune



Mount Carmel School (MCS) gained its second championship in the girls high school this season after ruling the 2016-2017 Public School System Volleyball Tournament held over the weekend at the Gilbert C. Ada Gymnasium.

The Lady Knights, who also reigned supreme in the 2016-2017 Commonwealth Coalition of Private School Association Volleyball League, swept Tinian High School in the finals, 25-18, 25-13, to clinch the title. Karleen Reyes and Jan-Nasia Travilla led MCS' finals win and were joined on the team by Keona Camacho, Ya Han, Karen Sato, Angela Jun, Quina Flores, Dayna Macaranas, and Louisa Han. Tomoko Shimizu coached the Lady Knights.

MCS finished the four-team tournament undefeated, as it also swept Marianas High School and Kagman High School in the double-robin preliminaries. Then in the double-elimination playoffs, the Lady Knights advanced to the finals after topping Tinian. The visiting THS spikers gave the favored MCS a run for its money in the first set of the semis match before the Lady Knights pulled off a 26-24. In the second set, Mt. Carmel played better en route to an easier 25-11 victory.

With the loss, Tinian, had to meet MHS in a rubber and the former took a 25-11, 25-23 triumph to get a second crack at the Lady Knights.

Mount Carmel School

In the finals, Tinian managed to keep MCS within striking distance in the first half of the opening set, however the Lady Knights proved to be much steadier in the homestretch and pulled off the 7-point win. Mt. Carmel then got off to a good start in the second set for a 12-point victory and a sweep of the title match.

Shimizu attributed MCS' success in the PSS tournament and in the private school competition to the team's chemistry.

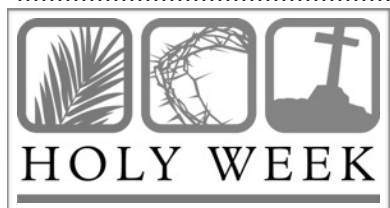
"They've been playing together for a long time. They know what to do when situations get tough and they know each other's game. Against Tinian in the finals, I could say they played their best game this season. They played very good both on offense and defense, as they worked together on receiving, serving, and spiking the ball," Shimizu said.

Meanwhile, the boys competition will be played this weekend also at the Ada gym.

MCSI will try to make it a double celebration for the school, as it battles two squads from Marianas High School and one each from Kagman and Saipan Southern High School. There is also big possibility that Tinian and Rota will join the weekend tournament, according to organizer Nick Gross.

Holy Week and Easter Activities for the Whole Family

from Focus on the Family



Preschool Activity

Retell and celebrate the Resurrection story with your child by creating a preschool version of "Resurrection eggs." Gather six plastic eggs, each a different color. Place the following items inside, one item per egg: breadcrumb, paper cross, strip of cloth, rock and piece of candy. One egg will remain empty. As you tell the Resurrection story, let your child open the eggs. Explain each item in the following order:

1. Bread crumb: Jesus ate dinner with His friends. (Luke 22:14-15)
2. Cross: The next day, Jesus died on the Cross. (John 19:17-18)
3. Strip of cloth: He was wrapped in cloth and placed in a tomb. (John 19:40)
4. Rock: A stone was placed in front of the tomb. (Matthew 27:59-60)
5. Empty egg: Jesus' friends came to the tomb and saw the stone had been moved. The tomb was empty! (Luke 24:1-3)
6. Candy: Jesus is alive. That's the sweet surprise of Easter. (Matthew 28:5-6)

Once you've finished sharing the Resurrection story with your child, encourage her to use the eggs to tell the story in her own words.

Becky Baudoin

School-age Activity

Use this activity to help your kids understand that Christ's resurrection means that we can have eternal life! Lay a skein of yarn on a table and pull 2 inches of yarn from one end. Ask your child to slowly pull on this piece, and when she has pulled out about an arm's length of yarn, snip it off with scissors. Tell your kids that this piece of yarn has a beginning and an end, just like our lives here on earth.

Take the snipped piece of yarn and tie it back onto the skein, explaining that, through Christ, we are free to live with God forever. When Jesus died and rose again, He gave us eternal life. Although our time on earth will come to an end, our life with God will go on and on forever. Celebrate the power of the Resurrection by allowing your kids to pull freely on the piece of yarn and run with it as it unravels from the skein. Let them run out of the room! Up the stairs!

Pray together, thanking God for sending His Son and welcoming us into eternal life with Him.

Vance Fry

Continued on back

Home of the Knights

Announcements

Recycled Boat Race

Mount Carmel School's 10th Grade Art Class will compete in the Build-A-Boat & Race Festival in support of this year's Environmental Awareness Month, TOMORROW, Saturday, April 8 starting at 9:30 am at Kilili Beach. Come support our Knights!

Congratulations!

Congratulations to the following Knights who made it to the NMIFA National Elite Academy Team: Andrew Sablan, Devon Propst, Markus Toves, and Ruben Guerrero.

Beach Road Magazine's Best Mom 2017

Give your mom the best gift by winning her the title of Beach Road Magazine's Best Mom of 2017. Children ages 12–15 may compete by writing 50 words or less explaining why you think your mom is the coolest mom. Deadline for submission: Friday, April 14. For more information, call 483-3145.

2017 Congressional Art Competition

Congressman Kilili invites all high school students to submit artwork for this year's Congressional Art Competition. The winning entry from each congressional district, including the CNMI, will be exhibited for a year at the US Capitol. For more information, see your homeroom teacher.

In the Future

Freshmen Fun Night TONIGHT

Mini-Courses
Monday, April 10–Wednesday, April 12

Holy Thursday
Thursday, April 13 (no classes)

Good Friday
Friday, April 14 (no classes)

Spring Break
April 15–April 23

Sports Calendar

MISO Boys Volleyball Tournament
TODAY and TOMORROW at Ada Gym
Please stay tuned to school's social media outlets for updates on status of tournament

CCOPSSA High School Basketball
Monday, April 10
MCS Boys v GCA Boys @GCA at 3:30
MCS Girls 2 vMBA @MCS at 4:30
Wednesday, April 19
MCS 2 Girls v SIS @SIS at 4:30 pm

ESLR of the Week

#4. Show leadership by being active participants within the community.

Holy Week & Easter

continued from front

Tween Activity

To teach your tweens about the forgiving power of Christ's resurrection, try this activity. First, put on an old, white T-shirt. Then discuss what sin is by asking your tweens to share some examples, such as lying or envy. Invite them to use permanent markers to write their examples on the shirt.

Explain that our sins create a rift in our relationship with God and keep us from experiencing His love. To be reconciled with God, we need to get rid of the sin that separates us. Ask for ideas on how to remove the marker stains from the shirt. If the kids suggest washing it, try scrubbing it in the sink. Let them see that the stains are permanent. Also note how the "sins" can't be hidden, even if the shirt is turned inside out.

Ask: "If we can't remove our own sin, who can help us?" Guide your tweens toward understanding that only Jesus, through His death and resurrection, has the power to get rid of our sins. Take the old, dirty shirt and place it in a trash bag near a Bible or a cross, where you've also set anew, clean white shirt. As you put on the clean shirt, talk about how Christ takes away our sin and gives us His righteousness (2 Corinthians 5:21).

Jeannie Vogel

Time With Your Teen

The thrill of driving, the freedom to ignore homework, the delight of staying on the computer all night long—teens love to assert their independence. They hold tight to a "my way is the best way" attitude that influences the choices they make during these formative years. Sometimes that attitude protects them from peer pressure; other times it drives them to settle for less than God's best.

Could the power of the Resurrection and the hope of eternity actually make a difference for a teen who is torn between choosing God's will and doing his own thing?

As parents, we get to be the voice reminding teens that pleasing Christ is better than pleasing self. Living with an eternal perspective can help them see that the joy of living forever in God's presence far outweighs the momentary satisfaction of getting their own way.

The same power that raised Christ from the dead is available to strengthen our teens to make wise choices today (Romans 8:11-14). Ask your teen about choices she's watched her friends make that were not pleasing to God. Were there any disappointing consequences? Ask your teen if his friends have shared stories about decisions they regret. Share honestly about your own teenage choices to either choose God's best or have things your way.

Now remind your teen that God has provided all she needs to live a life pleasing to Him—both now and forever (2 Peter 1:3). Encourage your teen to trust God for the strength to do His will, and pray that the hope of eternity will empower her to choose wisely (Colossians 1:10-12).

T.F. Edwards

**Announcing Open Registration
for SY 2017-2018**

Early Bird Registration Fee
\$200 per child (normally \$400) if registration fee is paid by May 1

Family Discounts*
\$600 off for 2nd child • \$1,000 off for 3rd child • \$1,500 off for 4th child
*Excludes only to parents and legal guardians of children.

\$750 (per student) Scholarship & Financial Aid Packages Available
Application Forms Available May 31

\$50 Application Fee Waived
For applications completed online

**JOIN THE LEGACY
BECOME A KNIGHT**

For more information, call 234-6184 or visit www.mountcarmelisaipan.com

Thank You!

Mount Carmel School thanks the following companies for making Education Tax Credit (ETC) contributions to the school.



Triple J Group of Companies



Saipan Apparel (represented here by Pete Sablan).

PTO Corner



Monday, April 24

Hunt for eggs to claim cool prizes: toys, candy, cash, merits, and dress-down passes!

The Pay-to-Play model allows students to purchase baskets, of different sizes at different prices, to fill to the brim with as many eggs as they can find.